



# ELEMENTS

## OCTOBER 2025 NEWSLETTER



Prayer. A core practice of faith. A source of great comfort and peace. If I'm honest, also, a place of deep questions. What is prayer? How should we pray? How do we make sense of continued suffering and pain in the face of persistent heart-felt prayer? I think I have more questions than answers, but we're going to explore together the depths of honest prayer during the month of October in worship. We'll learn from the ancients, who wrote down their prayers for us in the psalms. The psalms are rich, containing raw human emotion. For centuries, people of faith have cried out to God, celebrated victories, wept with deep lamentation, expressed frustration and anger, and clung on to hope and faith through the psalms. We will plunge into these ancient prayers, seeking to emerge each day with a blessing.

I invite you into a spiritual practice for the month of October. Let's reflect on one psalm each day, seeking to connect with the living Spirit of God. Let's make it simple by reading the number of the day it is, for example, on Oct. 1 read Psalm 1, on Oct. 5 read Psalm 5, etc. I encourage you to build silence into your reading, in order to make space for God to touch your soul. If you are looking for a process to help you, here are a few suggestions. One, you may want to read one verse at a time, or one phrase at a time, and then pause for 30 seconds to let it sink in and to listen. What resonates with you this day? What disturbs you? What insight do you gain? What question does this raise? Continue reading, pausing, reflecting until you come to the end of the psalm. How is God speaking to you this day? Or, you may want to read through the whole psalm one time and then pause for 1 minute of silence. What phrase or word catches your attention? Now read the psalm again and chew on it. Ask yourself, "How is God speaking into my life today with these words?" Read the psalm a third time, now resting in the presence of God. Simply be. You may want to capture your thoughts in a journal through writing or drawing. The psalms invite us to be honest with God and life. In our noisy world, let's take time this month to pause and notice the presence of God in our lives.

On a personal note, thank you for all of the cards and condolences you have offered me at the passing of my father. You are a gift to me, your love and care eases my pain and grief. And thank you to those who had to fill in unexpectedly, as I cared for my father in his last week of life. We had many precious moments together as a family during those days. Dad is reflected in much that I say and do, he is an integral part of who I am. His gift of life and love lives on in and through me and the rest of my family. We grieve remembering that death is not the end, it is merely a passageway into the full presence of God. Dad, I know you found your parents and Snoopy once you got there. I hope God was patient with you until you found them. (Dad had told me months ago that he hoped God wouldn't be offended when he got to heaven, because he was going to seek out his parents before he was interested in talking with God. LOL) ~Pastor Patti

## Welcome New Staff!

We are pleased to welcome Dan Nebel as our new music director. He brings a lifetime of experience with music in the church across several denominations. He has a doctorate in Horn Performance and is an accomplished organist and pianist. Dan is also a certified personal trainer and yoga instructor. He enjoys hiking, skiing, and cycling with his wife Erin. You won't miss him when he walks into the room. He fills a room with the warmth of his smile and big presence. We look forward to working, creating, and worshipping together. If you are a musician, rehearsals are starting the first week of October. Choir on Wednesdays at 6:00. Bell Choir on Tuesdays at 5:30. Praise team on Tuesdays at 6:00. Children's Choir on Sundays at 9:30 am. Other musical and choral groups will begin shortly.



We also welcome Jeanette Evins, our new accompanist. We have been enjoying her gift of tickling the ivories in worship this summer. She brings a wealth of experience leading worship from the piano and can also fill-in directing choirs as needed. She has a beautiful voice, as we discovered when she joined our acapella group the past few weeks. Jeanette and Dan will be a dynamic duo, conduits of the presence of God through their musical talents.

# ATTENTION:

**SCAM  
ALERT**



# EMAIL SCAMS ARE GOING AROUND

### EMAIL SCAM ALERT:

There are a lot of phishing emails going around right now that look like they come from members of our church, including Pastor Patti. These emails look like they come from friends and church members, but they are coming from scammers who are trying to get you to buy gift cards and then send the gift cards to them.

**Do not reply to these emails!** Instead, call or text the person the email is supposedly from and let them know someone is using their name. Usually the email you receive is not your friend's real email address, and that is one way to tell it is a scam. It may have an extra letter or number added or it may come from a different email provider. If some scammer is using your name to send emails to your friends/contact list, you may want to change your email password and let your friends and contacts know.

No one here at SHUMC will ask you to purchase gift cards. No one has hacked our database. We don't know how the scammers go about getting email contacts, but somehow they do! Don't reply and report the email to your email provider. You can also learn more about scams and report the email to the [Federal Trade Commission](https://www.ftc.gov)

Forward phishing emails to [reportphishing@apwg.org](mailto:reportphishing@apwg.org) (an address used by the Anti-Phishing Working Group, which includes ISPs, security vendors, financial institutions, and law enforcement agencies). Let the company or person that was impersonated know about the phishing scheme. And report it to the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov).





Its fall y'all!

As the days become shorter and the nights longer and the weather becomes cooler, depression can become a real thing.

Even on good sunny days, depression can happen.

Our divisive politics and listening to the news doesn't help either.

So, what can we do about it?

First, make sure you are eating healthy and exercising.

Second, never underestimate the power of community!

Smoky Hill's Abundant Health group would love to have you make contact with them and go for a hike!

Our women of faith, men's group, youth group, choir, bells, music, arts and crafts groups and book groups would love to have you show up and join in!

Sunday worship, as well as our adult, kids and youth Sunday school classes have something for everyone. And let's not forget our monthly senior lunch gathering featuring entertainment and guest speakers.

Being in community can help with depression. It can even help you when you are feeling good! It also helps us live longer and have a better quality of life.

If you are joining us online, please remember that you are still in community with us. We have members of our congregational care team that would like to connect with you either by phone or with a personal visit.

If you are finding that shorter days and longer nights are taking their toll, please don't wait to seek help. Please use the numbers below to seek assistance.

You may also reach out to me and set up an appointment to talk, have coffee or perhaps enjoy a walk.

Please call or text (720) 933-4372 or email at [associatepastor@smokyhillumc.org](mailto:associatepastor@smokyhillumc.org)  
If your emergency is life threatening, please call 911 first.

Jesus said in John 10:10: The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

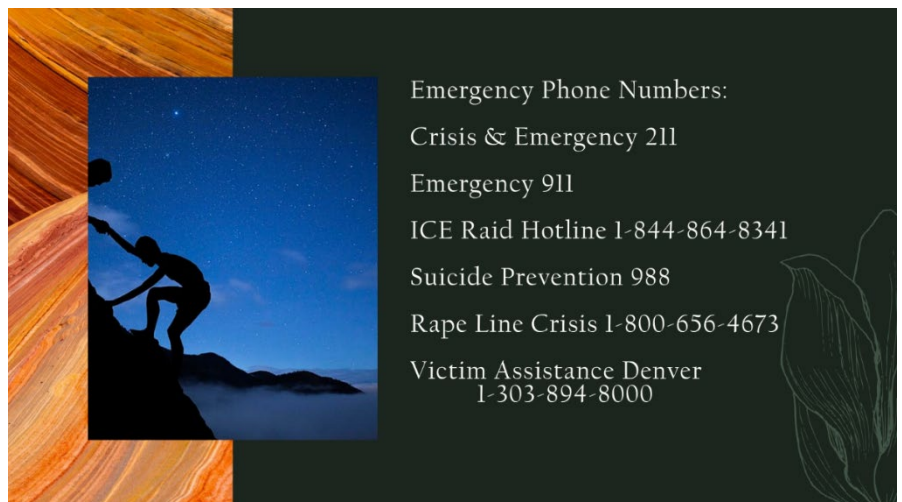
The worries and troubles of our life are real.

The violence and need for people to push their anger on to others is real.

But God wants us to have more good days than bad... All you need to do is reach out.

May you find time for healing, growth and renewal as we move through this season of change.

*Blessings to all,  
Rev. Glen*



Emergency Phone Numbers:

Crisis & Emergency 211

Emergency 911

ICE Raid Hotline 1-844-864-8341

Suicide Prevention 988

Rape Line Crisis 1-800-656-4673

Victim Assistance Denver  
1-303-894-8000

Ok... So, Robert and I did this thing... Ok... I did this thing...

We became season ticket holders to the Aurora Symphony!

Our tickets are for Sunday afternoon at 4:00 p.m. on October 12th.

If you are already a ticket holder and are attending, please let us know.

If you would like to buy a ticket, please click on the attached link: <https://www.simplenetix.com/e/2025-fall-masterworks-tickets-217112>

This will be a great concert for everyone! Kids included!

If you would like to join Robert and myself for lunch before or would like for us to buy you a ticket or arrange transportation, please email: [associatepastor@smokyhillumc.org](mailto:associatepastor@smokyhillumc.org)

Tentative plans are to meet at the Stanley Market Place on Sunday at 1:00 p.m., enjoy a meal and then see the concert at 4:00 p.m.

Please give us your name and contact information and how many will be joining you.

We can also arrange carpooling if needed.

Time to get your spook on and Danse Macabre!

Blessings,

Rev Glen & Robert

### Dates & Location

Saturday, October 11, 2025 @ 7:30 PM

Sunday, October 12, 2025 @ 4:00 PM

Venue: Gateway High School Auditorium

### Tickets & Pricing

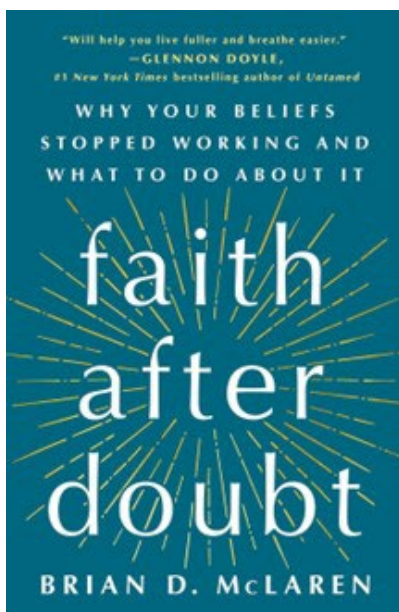
\$20 Adult – General Admission

\$10 Senior – General Admission

\$10 Military – General Admission

\$10 First Responder – General Admission

Free – Students & Children under 18



**Tuesday Morning Theologians** invite you to join us while reading and discussing **Faith After Doubt: Why Your Beliefs Stopped Working and What to Do About It** by Brian McLaren.

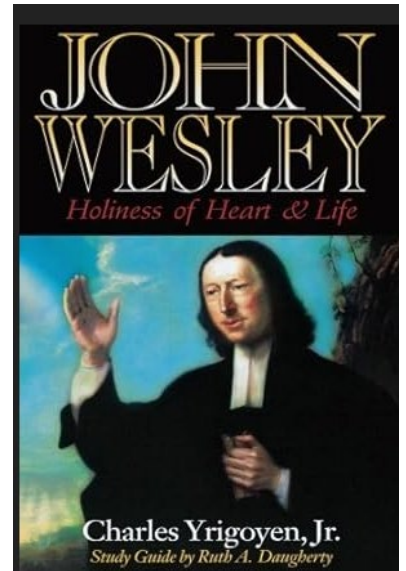
From the book description: Using his own story and the stories of a diverse group of struggling believers, Brian D. McLaren, a former pastor and now an author, speaker, and activist shows how old assumptions are being challenged in nearly every area of human life, not just theology and spirituality. He proposes a model of faith development in which questions and doubt are not the enemy of faith, but rather a portal to a more mature and fruitful kind of faith.

Please note that Rev. Patti referred to this book in one of her recent sermons.

We meet Tuesday mornings at 9 am in Room 214. This book study will start **October 21<sup>st</sup>** and go for seven weeks. Questions? You'd like to RSVP? Email [johntedrick@me.com](mailto:johntedrick@me.com). We look forward to having you join us!

## LUNCH BUNCH

You are invited to join the Lunch Bunch for our next book study - John Wesley, Holiness of Heart and Life by Charles Yrigoyen, Jr. Come and learn about the founder of our denomination, John Wesley (1703-1791). We will consider the historical context of his time, Wesley's ideas and his practice of Christian faith and mission. Lunch Bunch meets on Tuesdays from 11:30 - 1:30 in room 214. The Wesley study will begin on October 28 and run through December 9 with a break for Thanksgiving. For more information please contact Kathy Tedrick ([kathytedrick@me.com](mailto:kathytedrick@me.com)) or Susan Hora ([cusaglass@gmail.com](mailto:cusaglass@gmail.com), 636-236-6549 text or call).



## Pictures from our Senior Luncheon with the 3 OGs in September!



Senior luncheon now has a new name of Young At Heart ❤️

Names were voted on and this received the most votes.

Thursday, October 16 will be our next Young At Heart luncheon.

Great entertainment is lined up through Charlotte and Pete Faris.

Larry Pennington is a performing songwriter and Don Heiser is as well.

They perform in a band called Blue Sky Mountain. 🎵 🎸 🎤 🎸

Expect a mix of songs you know, songs that remind you of good times, and new songs to create new memories.

RSVP for the next Young At Heart Luncheon by calling 303-690-9816 or emailing [churchsecretary@smokyhillumc.org](mailto:churchsecretary@smokyhillumc.org).





To see all of our Adult Classes and Groups, please see our website, our Friday eblast, or call the church office at 303-690-9816.



Join the Iliff School of Theology this fall for *How We All Get Free*—a Pulpit+ Exchange series exploring justice, faith, and collective liberation, inspired, in part, by Fannie Lou Hamer, community organizer and co-founder of the Mississippi Freedom Democratic Party, and the 1971 National Women's Political Caucus. The series is in person or online.

In Hamer's speech delivered at the University of Wisconsin, Madison, in January 1971, she emphasized how three Mississippi civil rights activists, black and white, were murdered because of their efforts to ensure everyone could exercise their right to vote. Later that year, in July 1971, at the founding meeting of the National Women's Political Caucus, she addressed the challenges black and white women faced around gender equality. It was here that she proclaimed, "nobody's free until everybody's free," a message that Iliff continues to carry forward in this series by inviting activists, scholars, ministers, thought leaders, and journalists to share their stories of hope and advocacy.

### Fall 2025 "How We All Get Free" Schedule

October 13, 2025 – Keith Richotte, J.D. - Author of *The Worst Trickster Story Ever Told - Native America, the Supreme Court, and the U.S. Constitution*.

November 17, 2025 – **Rev. Adriene Thorne**, Senior Pastor, Riverside Church in New York City, on envisioning a new world.

### What to Expect Each Evening:

**5:00 – 5:45 PM (MST):** Light meal and connection

**5:45 PM:** Lecture begins, followed by Q&A and deep discussion

**Location:** In-person at Iliff or online via livestream. Unable to attend in person? Register to receive the livestream link.

### Why Attend?

Because change starts in community. This is a space to be challenged and inspired, while meeting others who share your passion for faith-rooted justice, equity, and collective liberation.

Come for one evening or all. Stay for the conversation. Leave with new energy, new insights, and a renewed sense of purpose. [Learn more and register here](#)



## **Children and Family Ministries October 2025**

### **Worship and children's opportunities on Sunday Morning**

#### **Back to two Worship hours**

8:30-9:30 am Worship, Nursery & Children's Church

10:00 - 11:00 am Worship, Nursery & Children's Sunday School

6 weeks to 2 yr old – Nursery

3- & 4-year-olds Room L 30

Kindergarten to 2<sup>nd</sup> grade Room L 32

3<sup>rd</sup> grade Room L28

4<sup>th</sup> & 5<sup>th</sup> Grade Room L27

**\*\*Note**, the 4<sup>th</sup> Sunday of the month will be Worship as a family, **No** Children's Church, and **No** Sunday School. The 5<sup>th</sup> Sunday of the month will be a fun day for the kids; details will come out in monthly happenings emails.

#### **NOTE: drop off and pick up:**

Drop off your kids in the Cove (by the front door) and we will take to Sunday school. We will bring them back up to the Gathering space after Worship for pickup.

**Please fill out our registration form per family, list all kids:** <https://forms.gle/F2GL8ri3wwU8mvLd8>

**We still need some helpers in our Sunday school classes. If you can give a Sunday, please reach out.**

### **Children's Choir**



**Open for all kids kindergarten and up,  
we will meet from 9:30 to 9:55 am  
Sunday Mornings.**

**If you are new and want to join, come to the  
choir room.**

### **Parent Connection Invitation**

**Sundays from  
9:30 - to 9:55 am**

**We will start Sept. 7<sup>th</sup> in  
Room 214**

**While your kids are in Children's Choir  
Rehearsal (kids kindergarten and up) or the  
Nursery.**

**Make new friends.  
Carpools if needed.**

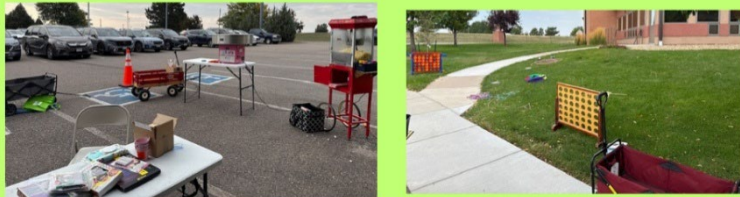


**Playdates and more.  
Support with school pickup.**



**September had lots of fun:**

## KICK OFF SUNDAY - SEPT. 7<sup>TH</sup>



**Thank you Laura & Elizabeth for making the Cotton Candy.**



**Thank you Ashley and Youth for face and arm painting.**



**Thank you to Men's Group for grilling and all the set up for our fun event.**

## 3rd grade Bible

SEPTEMBER 17TH AT 10 AM WORSHIP



**Congratulations to Cecilia, Charlie, Dallas, Levi, Kylo and Teddy. Not pictured: Jayden, Jordan**

## October Events

**Oct. 5<sup>th</sup>** 8:30 am Worship & Children's Church  
9:30 - 9:55 am Children's Choir rehearsal  
10:00 am Worship & Sunday School

**Oct. 12<sup>th</sup>** 8:30 am Worship & Children's Church  
9:30 - 9:55 am No Children's Choir today  
10:00 am Worship & Sunday School

**Oct. 19<sup>th</sup>** 8:30 am Worship & Children's Church  
9:30 - 9:55 am Children's Choir rehearsal  
10:00 am Worship & Sunday School

**Oct. 25<sup>th</sup>** Trunk R Treat from 11 am to 1 pm in the Church parking lot

**Oct. 26<sup>th</sup>** 8:30 am Worship as a family  
9:30 - 9:55 am Children's Choir rehearsal  
10:00 am Worship as a Family





Sign up to have a decorated trunk in the parking lot. This is a huge community event and would love tons of trunks from all our groups within the Church! Contact Crystal, [Crystalld@smokyhillumc.org](mailto:Crystalld@smokyhillumc.org) or text/call 303-587-5667.



Save the date:





Our Fall Youth Group kickoff has been so great!

We had our annual **Slimy Sunday** – where we play messy games with messy stuff out on the church’s front lawn. (There’s no better ice breaker than putting some raw egg on each others’ heads.) This time we added a race to eat Reese’s PB cup pieces out of chocolate pudding – with no hands – out of diapers. Good youth group stuff right there!

We **tie-dyed youth group t-shirts** again this year, then had them heat pressed with SHUMC Youth artwork. You’ll see them here and there. They visually unite us as a group but are individually unique – LIKE US!

We had a few **Fellowship & Faith** nights, which are the more standard youth group nights where we have group games, music and a good discussion about life and what God & Jesus teach us. Caleb Sizemore (newer to SHUMC) is graciously leading music for us, which is a huge blessing! We’re learning fun campy songs and some more praise / worship style – old and new.

This past Sunday we made **college care packages** for our 7 “youth” in college. Parents and youth baked and brought cookies and we each wrote a note to each of the 7. We hope they feel loved – they are missed!

Our youth “**Crafty Community**” small group has been meeting for 5 or 6 weeks on Thursday nights, making creative stuff to sell at our youth craft fair table. It’s a fun way for us to catch up mid-week and make our own creative projects. We’ve been learning how to do linoleum block printing from Caleb Sizemore, who is a SUPER talented artist and great “new guy” to have in the mix at all of the youth group things.

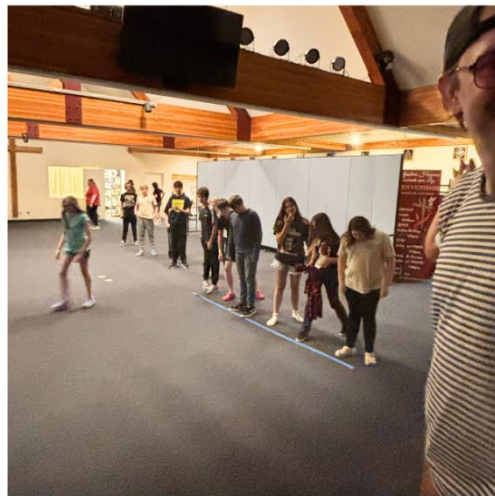
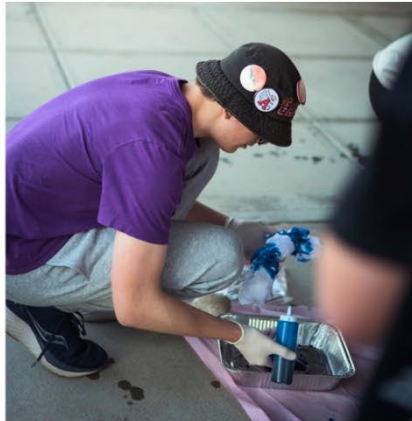
AND we have a new High School group called “**Doughvotions**”. This is an idea that Cadence Ursprung-Chiu came up with. (I love it when that happens!!!) We meet on a Saturday evening once a month at church and bake something for the Gathering Space on Sunday morning and have a bible study / devotion while it’s baking.

And this just in... We’ll be collecting **300 boxes of STUFFING** and **\$20 Gift Cards** (King Soopers or Walmart only this year) for our annual **Food For All** event. (You’ll hear more on this very soon...)

We are so blessed with **amazing youth sponsors** (adult volunteers) who want to be at all the youth things! We couldn’t have youth group without them. Tom & Laura Dosch, Ashley Duncan, Natalie Fetter (who also takes amazing photos for us), John Richard, Debbie Kemper, Catherine Horne and Caleb Sizemore. Each one of them brings unique blessings to our group. I’m so grateful.

Lots going on! (Exhausting...and worth every minute.) As always, thank you for your support (in all the ways) of this amazing youth family! – Jen Dahlen (& the Youth Sponsors)









# JUSTICE MINISTRIES

## RACIAL JUSTICE TASK FORCE

### Life Experiences

**Our Racial Justice Task Force asked Maggie Kemper, one of our youth, to write about her life experience. Here is life from the eyes and heart of Maggie.**

My name is Maggie Kemper, I am a 16 year old girl. I have had a tough time gaining the confidence I have today on how I feel about my sexuality. When I first started realizing I was gay I was in 6th grade I had started noticing little things that made me realize guys weren't what I was looking for in a relationship. So I went and started trying to look it up online since I didn't have anyone around me who could tell me anything since I didn't grow up with an image of gay people in my life. I had a dark phase during 7th grade and not that I was going dark in my fashion but in how I saw myself, I didn't know how to fully accept myself so I got really depressed but still knew I was kinda attracted to women. Then in 8th grade I began to find myself, I had the best year of school, with having the right community around letting me be myself. I started high school in 2023, and was becoming more of myself then I was before, I had finally figured out who I am sexuality wise but also how I want to hold myself. Being a gay teen who has to correct people constantly saying "I'm not lesbian even though I am dating a woman" and then have to explain what I am. But I kinda gave up on that cause I do not need to waste my breath on other people who aren't wanting to take the time to know that. But dealing with how I found myself came with all kinds of homophobia, and it's gotten better with more time but it still hurts when people want to say that they only see my sexuality and not the person behind it.

As I've grown I've learned being a gay teen has been a struggle but I have grown to understand how to live my life how I want it.

## RAINBOW ALLIANCE

SHUMC was again proudly represented this year at the Aurora Pride celebration on August 30. The event was at a new venue, Fletcher Plaza on East Colfax, which offered more foot traffic from the neighborhood to include more families. Our Booth giveaway items consisted of neck cooling wraps and Pride Pops. The Rainbow Alliance sends many thanks to the UWF Mission Crafters who hand crafted 200 neck cooling wraps with each wrap identified as coming from SHUMC. The Pride Pops, anonymously donated, were enjoyed by kids big and small with over 160 given away! The give-away items really drive folks to our booth and provide fellowship opportunities. We are thankful to all who donated their time and funds to provide what we believe to be the best giveaways at the event. We'd also like to thank the Men's Group for loaning us their shade covers which were a blessing on a hot day as well as keeping us dry from a late day thunderstorm. And to the VOLUNTEERS who set up, manned, and took down the booth to include our Smoky Hill UMC Youth Group. There would be no booth without our VOLUNTEERS--we love you! Aurora Pride was a beautiful example of solidarity and spreading the love of God by our wonderful SHUMC members.

### SHUMC Youth Group volunteers



### One of the many families that stopped by our booth



**Neck cooling wraps made by UWF Mission Crafters**



# Sand Creek Spiritual Healing Run

October 23 – 26, 2025

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## Honoring the Past. Running for Healing.

On **November 29, 1864**, a company of 675 U.S. Army soldiers attacked a peaceful camp of the **Cheyenne and Arapaho** people on the banks of Sand Creek near Eads, Colorado.

Over **150 people were killed and mutilated—67% were women and children.**

Every year, the descendants of those who suffered lead the **Sand Creek Spiritual Healing Run**—a 4-day journey from Sand Creek to Denver—seeking **healing, remembrance, and justice.**

The **Cheyenne and Arapaho people** invite us to join them. The **Mountain Sky Conference, SHUMC, and Methodist churches** are honored to walk alongside them—acknowledging the role of **Colonel John Chivington**, a Methodist minister, and committing to atonement and solidarity.

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## Experience the Healing Run

Watch a short video to understand the power of this journey. [Click here to watch a video around the Healing Run.](#)

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## 5 Ways You Can Be Involved

### 1. Run

Join the relay run between Eads, Limon, and Denver.

Contact: Rev. Bich Thy (Betty) Nguyen – [bnguyen@mtnskyumc.org](mailto:bnguyen@mtnskyumc.org)

### 2. Volunteer

SHUMC has agreed to provide simple breakfast items for Sunday, Oct. 26 in Denver (muffins, yogurt tubes, donuts, etc.).

Contact: Kathy Brennan – [pakorah@hotmail.com](mailto:pakorah@hotmail.com)

### 3. Donate

Help reach our goal of **\$28,000** to cover expenses.

*We've raised \$13,000 so far—every gift matters!*

Use this link and mark Sand Creek in memo: <https://secure.myvanco.com/L-ZECN/campaign/C-13SYS>

### 4. Hospitality

Assist with setup and cleanup at the **Saturday, Oct. 25 dinner** at Iliff School of Theology.

Contact: Rev. Bich Thy (Betty) Nguyen – [bnguyen@mtnskyumc.org](mailto:bnguyen@mtnskyumc.org)

### 5. Prayer & Presence

Whether on the route or in spirit, stand in solidarity. Your presence—physical or spiritual—is a powerful witness of healing and hope.

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## Learn More About Sand Creek

- [Remembering the Sand Creek Massacre](#)
  - [Sand Creek Massacre National Historic Site \(U.S. National Park Service\)](#)
  - [History Colorado Exhibit](#)
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**Together we remember. Together we heal. Together we run.**



## MEN'S GROUP

**All SHUMC men are invited to join us for the next Men's Breakfast on Saturday, October 11th at 7:30 am in Celebration Hall.**



### Attention King Soopers Customers

Did you know that, by swiping your SooperCard at checkout at any King Soopers or Kroger retail store (including the King Soopers gas stations), you could be helping Smoky Hill UMC? All it takes is to identify Smoky Hill UMC as your Community Rewards beneficiary. This is a one-time election you can make using your PC, laptop, phone, or tablet. You can access instructions [here](#). You may also call King Soopers Loyalty Card Hotline at 1-800-677-5464, menu option 1. Our Community Rewards organization code is WS802. *(Please note: the Customer Service counters at King Soopers stores cannot help with this process.)*

King Soopers (Kroger) donates up to 5% of what you spend directly to SHUMC. There is no cost to you above your normal grocery cost. The church has no visibility into individual participants or the amounts generated by individuals or families. We just get a check from King Soopers every quarter. If you have questions or need help signing up, corner Tim Davis in the Gathering Space, or email him at [tcdavis660@comcast.net](mailto:tcdavis660@comcast.net).

A couple of folks who had previously linked their Sooper Card to benefit SHUMC (perhaps months or years ago), recently checked and found that the linkage had been severed, so they had to re-establish the link to SHUMC.

So--even if you thought you'd signed up months or years ago, please check to ensure the link is still established. You can do this by looking at a recent King Soopers receipt to verify that it says something like the following:

Sometimes it's hard to find, as it's buried in all the stuff printed at the bottom of the receipt. If you don't see this, please go online to check whether SHUMC is listed as your Community Rewards beneficiary. If not, our [instructions](#) guide you through the process of re-establishing that link. Thanks for checking!

\*\*\*\*\*  
King Soopers Community Rewards  
On your behalf, we are contributing to  
Smoky Hill UMC  
\*\*\*\*\*  
TELL US HOW WE ARE DOING!!

will

**Thank you, as always, for your support of SHUMC!**



## Free Paint Recycling Event at Smoky Hill UMC - Oct 4th, 2025

Easy drop-off and no fees. Sponsored by GreenSheen Paint, The City of Aurora, and Smoky Hill UMC.

Get rid of your old, unwanted paint. Clean up your garage and basement and keep paint products out of the landfill! For questions, please email [events@greensheensheepaint.com](mailto:events@greensheensheepaint.com)

Voluntary donations will support multiple church mission activities, including: youth mission trips, local food banks, community Easter Egg Hunt, community Breakfast with Santa, community Vacation Bible Camp, Colorado Feeding Kids, immigrant support, Outreach of Love and Colorado Village Collaborative.

Spread the word and invite your friends and neighbors to join in. Together, let's make a positive impact on our community and the planet. Don't forget to mark your calendars for this exciting event!

Smoky Hill United Methodist Church

Men's Group

# Paint Recycling

October 4<sup>th</sup> 9am - 1pm

19491 E Smoky Hill Rd

Get rid of your old, unwanted paint. Clean your garage and basement and keep paint out of the landfill and support the Men's Group



### Accepted

- Latex Paint (acrylic)
- Oil Paint(alkyd)
- Stains
- Lacquers
- Varnishes
- Urethanes
- Textured Coatings



### Not Accepted

- Aerosol (spray) paint
- Paint Thinner
- Solvents
- Cleaning Agents

**GreenSheen**

*Eco-Friendly Paint*

Stay in your car \* Turn off your engine \* Pop your trunk

**We'll do the rest!**

#### Donations Support

Christmas in the Park \* Aurora Interfaith Toy Drive \* Weekly Lunch Bags to support Denver Day Laborers \* Wholly Kicks Sneaker Ministry \* Community Easter Egg Hunt \* Community Breakfast with Santa \* Community Vacation Bible Camp \* Aurora Interfaith Food Pantry \* Colorado Feeding Kids

[smokyhillumc.org](http://smokyhillumc.org)





## SHUMC MEN'S GROUP FOOTBALL GAME OUTING



**SATURDAY, NOVEMBER 1 10:00 AM**

**AIR FORCE FALCONS VS. ARMY BLACK KNIGHTS**



**Tickets are \$82  
(25% savings)  
Pay SHUMC**



**Men's Group will help coordinate carpools to the game**

The Men's Group is sponsoring a group to attend the Air Force vs Army football game on November 1st at 10:00 AM.

We have purchased a block of 15 seats in Section M9 at about the 45-yard line.

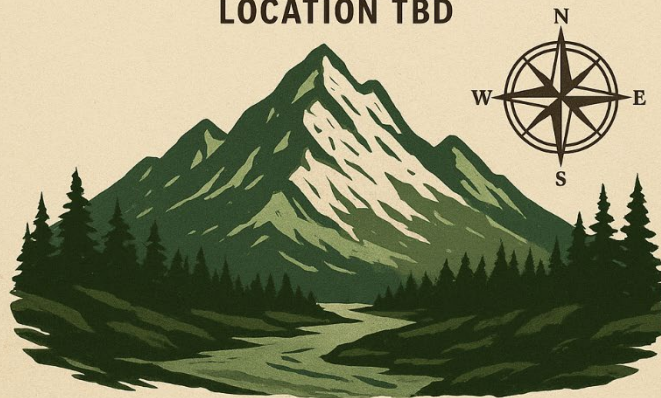
Tickets are \$82 per seat (about 25% savings over single seats). This event is open to all members of the church. The Men's Group will help coordinate carpooling to the game to make sure that everyone can get there. To purchase a ticket, pay [online](#) or pay at church office.

**SAVE the DATE:**

## MEN'S RETREAT WILD AT HEART

**NOVEMBER 15 • 9:00 A.M.–4:30 P.M.**

**LOCATION TBD**



Join us for a powerful one-day men's retreat built around the themes of John Eldredge's *Wild at Heart*. Together we'll explore what it means to live with courage, passion, and faith as men of God. The day will feature engaging teaching, small group discussion, and plenty of time for connection. Breakfast and lunch will be provided as we celebrate fellowship, spiritual growth, and the call to live fully alive in Christ.





### **We've Been Challenged!**

An anonymous donor has challenged us to raise \$250 to support our food ministries. For every food item brought in for Aurora Interfaith, \$1.00 will be donated; for every feminine hygiene item brought in, \$2.00 will be donated. Please place your items in the wagons by the front doors.

The challenge will start October 1<sup>st</sup> and will end at Thanksgiving or whenever \$250 is raised. Watch the eblast for weekly updates!

### **We Collect Things**

There are several items that we collect and donate to local organizations:

- Pop top tabs from cans-these go to the Ronald McDonald house to help families when their child is hospitalized. Put them in the pink container near the Welcome Desk.
- Used eyeglasses are donated to the Lions Club. Place them in the basket near the Welcome Desk.
- Aluminum cans are collected by the Men's Group. Place them by the storage shed near the gazebo.
- Used magazines are collected for use by USO Military and Assisted Living Centers. These are collected in the red bag on the counter.



## Smoky Hill Abundant Health

# October is ... Domestic Violence Awareness Month

Domestic violence, also known as intimate partner violence, is a serious and widespread problem. In the United States, 1 in 4 women and 1 in 9 men experience some form of domestic violence by an intimate partner in their lifetime and report negative impacts such as injury, fear, concern for safety, and needing services ([CDC, 2017](https://www.cdc.gov/dv/about/faq.html)). To learn more and access educational materials go to <https://www.dvawareness.org/>. If you or a loved one is experiencing domestic violence, contact the National Domestic Violence Hotline at 800-799-7233, text START to 88788, or visit <https://www.thehotline.org/>

### On the Move with Smoky Hill UMC

**Group Exercise on Zoom:** Looking for exercise that requires no money, no travel, and fast access to your shower? Join the Zoom exercise community on Monday, Wednesday and Friday mornings at 9:30. Contact Susan Hora at [cusaglass@gmail.com](mailto:cusaglass@gmail.com)

**Hiking Group:** Keep an eye out for upcoming hikes by watching the weekly e-blast or our [Smoky Hill Abundant Health Facebook page](#) or contact Marta at 720-271-0691 with questions.

**Yoga at Smoky Hill:** Join us every Tuesday at 1:45-2:30 PM in Celebration Hall to stretch and improve your health. Zachary Horan, our yoga instructor is an expert at working with your personal needs and restriction. We ask for a donation of \$7-\$10 in appreciation of his time.

**Join us on Facebook!** [Smoky Hill Abundant Health](#) This is the place to connect about hikes, bowling, kayaking, fishing, and new recipes!



## TRUSTEES

Huge thanks to everyone who showed up for Clean-Up Day!







## The Craft Fair is Coming!!

The Craft Fair is Coming! Get ready to bring all your friends and neighbors to this fun annual event where you can get a start on all your Christmas shopping with loads of unique gifts. Visit the Youth, Mission Crafters, Quilters, and Yarn on a Mission booths. You can also support our Men's Group by buying lunch from the Grill Team. AND you will be supporting many local crafters by shopping local. Proceeds from the booth rentals benefits United Women in Faith's Pledge to Mission, which helps support mission institutions in the US and abroad.

### HOW CAN YOU HELP?

- 1) Spread the word! There will be flyers to hand out to your friends and neighbors.
- 2) Sign up to help set up Friday or work for a couple hours at the Craft Fair

Sign up to help here: <https://www.signupgenius.com/go/30E0D4BAFA923A0FA7-58975897-fall#/>



**Can you help bake?**  
**Cookies! Brownies! Cake! Jam!**

We are hosting a bake sale booth this year, sponsored by UWFaith, with all proceeds going towards United Women in Faith Pledge to Mission as our second mile drive. This supports National and International mission.

Sign up at: <https://www.signupgenius.com/go/30E0D4BAFA923A0FA7-58981039-bake#/>

Items should be bagged in smaller amounts, if possible (e.g. a half-dozen cookies) and brought to the church office on the 17th, or the morning of the 18th at the latest



Introducing a new weekend group for Men and Women at SHUMC!

## **Crafts and Fellowship**

Bring your current project whatever that may be~ All Crafts welcome!

We will start meeting the second Saturday of the month First meeting November 8, 2025

From 10 AM to 1 PM

Please RSVP to Kimberly Carlson

kcarlson303@outlook.com or 303-519-7128



Hello All,

You spoke and we heard you! A new group is coming to SHUMC! Crafts and Fellowship for Men and Women. Bring your current project...whatever you are working on! All crafts welcome! If your craft is messy please be sure to bring something to protect the carpet. Scouts Motto: Leave no trace! We will start meeting in November, the second Saturday of the month from 10 AM to 1 PM! If you would like more information please contact Kimberly Carlson at 303-519-7127 or [kcarlson303@outlook.com](mailto:kcarlson303@outlook.com)

## **Newcomers Connection Lunch Sunday, Oct. 26 @ 11:15 a.m. Room 214**

**We are hosting a lunch for anyone new to Smoky Hill UMC or wanting to learn more about our church. Join lay leaders and staff for lunch and learn about the mission and ministries of Smoky Hill.**

**RSVP 303-690-9816 for lunch  
and childcare if needed**







# WORSHIP

## SUNDAYS AT SMOKY HILL UNITED METHODIST CHURCH

Worship 8:30 am & 10:00 am

10:00 am service livestreamed

*Sunday School for All Ages*

Spanish Service 10:00 am

Can't BE HERE? Join the 10:00 AM English service on [Facebook](#) or [YouTube](#)

*To livestream the Spanish service, please contact Pastor Lucia for the link.*



19491 E Smoky Hill Rd  
Centennial, CO80015  
303-690-9816

[www.smokyhillumc.org](http://www.smokyhillumc.org)

***Following Jesus together to make the world a more loving and just place.***

Email all information and updates for church communications to [churchsecretary@smokyhillumc.org](mailto:churchsecretary@smokyhillumc.org)